



## What's Bugging You?

## D<sup>3</sup> Worksheet

Use this worksheet to plan your strategy for eliminating the things that bug you. You won't need it for the easy things, like getting broken sunglasses fixed. But for the bigger, more challenging things, planning makes a difference to your success. You may find that a combination of strategies to be your best approach. Remember, practice, patience, and ask for help when you need it.

Do It

Delegate It

Dump It

Done

	Do It	Delegate It	Dump It	Done

